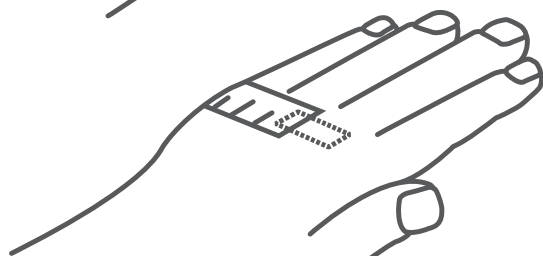


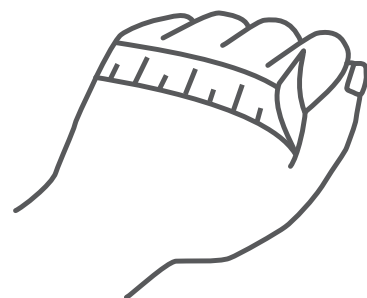
Choose your gloves size!



1 Stretch out your hand.



2 Wind the tape measure around your hand at the level of your knuckles. You can position the tape easier by taping it on the top of your hand.



3 Slightly fold your hand without clenching your fist and take the measurement. If you are between two sizes, take the biggest one.

Women gloves size

Inch	6	6 ^{1/2}	7	7 ^{1/2}	8
cm	15.2	16.5	17.8	19	20.3
Sport size	XS	S	M	L	XL

Man gloves size

Inch	7 ^{1/2}	8	8 ^{1/2}	9	9 ^{1/2}	10
cm	19	20.3	21.6	22.9	24.1	25.4
Sport size	XS	S	M	L	XL	XL

Print this page and cut out the ruler.
Ensure that the tape measures ten inches
or 27.90 cm once printed
(scale of your printer = 100%).

IMPORTANT
In the window of the printer's settings,
check that the "scaling" drop-down
menu is set to: "none".

Choose your harness size!

Harness size board (in mm)

Reference	Chest (A)	Size (B)	Thigh (C)	Height (D)
S	700 - 1 000	750 - 1 000	500 - 700	600 - 750
M	800 - 1 200	900 - 1 200	550 - 750	750 - 850
XL	1 000 - 1 500	1 000 - 1 350	550 - 900	700 - 950

