ProGARM® SIZE CHART

JACKETS, POLO SHIRTS, SWEATSHIRTS	XS	S	M	L	XL	2XL	3XL	4XL	5XL								
CHEST (INCH)	36	38	40	44	48	52	56	60	64								
BODY LENGTH TO FIT (INCH)	67-68.5	67-68.5	68.5-70	70-71.5	71.5-73	71.5-73	73-75	73-75	73-75								
CHEST TO FIT (INCH)	34-35.5	37-38.5	38.5-40	43.5-45	46.5-48.5	51-53	55.5-58	60-62.5	65-67.5								
CHEST (CM)	91.5	96.5	101.5	112	122	132	142	152.5	162.5								
BODY LENGTH TO FIT (CM)	170-174	170-174	174-178	178-182	182-186	182-186	186-190	186-190	186-190								
CHEST TO FIT (CM)	86-90	94-98	98-102	110-114	118-123	129-135	141-147	153-159	165-171								

COVERALLS	38"	40"	42"	44"	46"	48"	50"	52"	54"	56"	58"	60"	62"	64"			
UK SIZE	S	M		L		XL		2XL		3XL		4XL		5XL			
CHEST TO FIT (INCH)	37-38.5	38.5-40	40-41.5	43.5-45	45-46.5	46.5-48.5	48.5-51	51-53	53-55.5	55.5-58	58-60	60-62.5	62.5-65	65-67.5			
REGULAR: LEG LENGTH (INCH)	31	31	31	31	31	31	31	31	31	31	31	31	31	31			
REGULAR: BODY LENGTH TO FIT (INCH)	67-68.5	68.5-70	68.5-70	70-71.5	70-71.5	71.5-73	71.5-73	71.5-73	73-75	73-75	73-75	73-75	73-75	73-75			
TALL: LEG LENGTH (INCH)	33	33	33	33	33	33	33	33	33	33	33	33	33	33			
TALL: BODY LENGTH TO FIT (INCH)	70-71.5	71.5-73	72.5-74	72.5-74	72.5-74	74-75.5	74-75.5	74-75.5	74-75.5	74-75.5	74-75.5	74-75.5	74-75.5	74-75.5			
SHORT: LEG LENGTH (INCH)	29	29	29	29	29	29	29	29	29	29	29	29	29	29			
SHORT: BODY LENGTH TO FIT (INCH)	64-65.5	64-65.5	65.5-67	68.5-70	68.5-70	68.5-70	68.5-70	68.5-70	68.5-70	68.5-70	68.5-70	68.5-70	68.5-70	68.5-70			
CHEST TO FIT (CM)	94-98	98-102	102-106	110-114	114-118	118-123	123-129	129-135	135-141	141-147	147-153	153-159	159-165	165-171			
REGULAR: LEG LENGTH (CM)	79	79	79	79	79	79	79	79	79	79	79	79	79	79			
REGULAR: BODY LENGTH TO FIT (CM)	170-174	174-178	174-178	178-182	178-182	182-186	182-186	182-186	186-190	186-190	186-190	186-190	186-190	186-190			
TALL: LEG LENGTH (CM)	84	84	84	84	84	84	84	84	84	84	84	84	84	84			
TALL: BODY LENGTH TO FIT (CM)	178-182	182-186	184-188	184-188	184-188	188-192	188-192	188-192	188-192	188-192	188-192	188-192	188-192	188-192			
SHORT: LEG LENGTH (CM)	74	74	74	74	74	74	74	74	74	74	74	74	74	74			
SHORT: BODY LENGTH TO FIT (CM)	162-166	162-166	166-170	174-178	174-178	174-178	174-178	174-178	174-178	174-178	174-178	174-178	174-178	174-178			

TROUSERS	28"	30"	32"	34"	36"	38"	40"	42"	44"	46"	48"	50"	52"	54"	56"	58"	60"
WAIST (INCH)	28	30	33	34	36	38	40	42	44	46	48	50	52	54	56	58	60
WAIST TO FIT (INCH)	26-27.5	27.5-29	30.5-32.5	32.5-34	34-35.5	35.5-37	37-38.5	38.5-40	40-41.5	41.5-43.5	43.5-45.5	45.5-48	48-50	50-52	52-54	54-56	56-58
REGULAR: LEG LENGTH (INCH)	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32
REGULAR: BODY LENGTH TO FIT (INCH)	67-68.5	67-68.5	67-68.5	68.5-70	70-71.5	70-71.5	70-71.5	71.5-73	71.5-73	71.5-73	73-75	73-75	73-75	73-75	73-75	73-75	73-75
TALL: LEG LENGTH (INCH)	34	34	34	34	34	34	34	34	34	34	34	34	34	34	34	34	34
TALL: BODY LENGTH TO FIT (INCH)	70-71.5	70-71.5	70-71.5	71.5-73	72.5-74	72.5-74	72.5-74	74-75.5	74-75.5	74-75.5	74-75.5	74-75.5	74-75.5	74-75.5	74-75.5	74-75.5	74-75.5
SHORT: LEG LENGTH (INCH)	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30
SHORT: BODY LENGTH TO FIT (INCH)	64-65.5	64-65.5	64-65.5	64-65.5	65.5-67	68.5-70	68.5-70	68.5-70	68.5-70	68.5-70	68.5-70	68.5-70	68.5-70	68.5-70	68.5-70	68.5-70	68.5-70
WAIST (CM)	73	78	83	88	93	98	103	108	113	118	123	128	133	138	143	148	153
WAIST TO FIT (CM)	66-70	70-74	78-82	82-86	86-90	90-94	94-98	98-102	102-106	106-111	111-116	116-122	122-127	127-132	132-137	137-142	142-147
REGULAR: LEG LENGTH (CM)	81	81	81	81	81	81	81	81	81	81	81	81	81	81	81	81	81
REGULAR: BODY LENGTH TO FIT (CM)	170-174	170-174	170-174	174-178	178-182	178-182	178-182	182-186	182-186	182-186	186-190	186-190	186-190	186-190	186-190	186-190	186-190
TALL: LEG LENGTH (CM)	86	86	86	86	86	86	86	86	86	86	86	86	86	86	86	86	86
TALL: BODY LENGTH TO FIT (CM)	178-182	178/182	178-182	182-186	184-188	184-188	184-188	188-192	188-192	188-192	188-192	188-192	188-192	188-192	188-192	188-192	188-192
SHORT: LEG LENGTH (CM)	76	76	76	76	76	76	76	76	76	76	76	76	76	76	76	76	76
SHORT: BODY LENGTH TO FIT (CM)	162-166	162-166	162-166	162-166	166-170	174-178	174-178	174-178	174-178	174-178	174-178	174-178	174-178	174-178	174-178	174-178	174-178

LADIES' COVERALLS	8	10	12	14	16	18											
WAIST TO FIT (INCH)	26.5	28.5	30.5	32.5	34.5	36											
BODY LENGTH TO FIT (INCH)	65.5-67	65.5-67	65.5-67	67-68.5	67-68.5	67-68.5											
CHEST TO FIT (INCH)	31.5-33.5	33.5-35.5	35.5-37.5	37.5-39.5	39.5-41.5	41.5-43.5											
LEG LENGTH (INCH)	31	31	31	31	31	31											
WAIST ACTUAL (INCH)	32.5	34.5	36.5	38.5	40.5	42.5											
CHEST ACTUAL (INCH)	38.5	40.5	42.5	44.5	46.5	48.5											
WAIST TO FIT (CM)	67	72	77	82	87	92											
BODY LENGTH TO FIT (CM)	166-170	166-170	166-170	170-174	170-174	170-174											
CHEST TO FIT (CM)	80-85	85-90	90-95	95-100	100-105	105-110											
LEG LENGTH (CM)	79	79	79	79	79	79											
WAIST ACTUAL (CM)	83	88	93	98	103	108											
CHEST ACTUAL (CM)	98	103	108	113	118	123											

LADIES' TROUSERS	8	10	12	14	16	18	20	22	24								
WAIST (INCH)	30.5	32.5	34.5	36.5	38.5	40.5	42.5	44.5	46.5								
HIP 20CM FROM WAIST BAND (INCH)	40.5	42.5	44.5	46.5	48.5	50.5	52.5	54.5	56.5								
REGULAR: LEG LENGTH (INCH)	30	30	30	30	30	30	30	30	30								
REGULAR: BODY LENGTH TO FIT (INCH)	65.5-67	65.5-67	65.5-67	67-68.5	67-68.5	67-68.5	67-68.5	67-68.5	67-68.5								
TALL: LEG LENGTH (INCH)	32	32	32	32	32	32	32	32	32								
TALL: BODY LENGTH TO FIT (INCH)	67-68.5	67-68.5	67-68.5	68.5-70	68.5-70	68.5-70	68.5-70	68.5-70	68.5-70								
SHORT: LEG LENGTH (INCH)	27	27	27	27	27	27	27	27	27								
SHORT: BODY LENGTH TO FIT (INCH)	64-65.5	64-65.5	64-65.5	65.5-67	65.5-67	65.5-67	65.5-67	65.5-67	65.5-67								
WAIST (CM)	78	83	88	93	98	103	108	113	118								
HIP 20CM FROM WAIST BAND (CM)	103	108	113	118	123	128	133	138	143								
REGULAR: LEG LENGTH (CM)	75	75	75	75	75	75	75	75	75								
REGULAR: BODY LENGTH TO FIT (CM)	166-170	166-170	166-170	170-174	170-174	170-174	170-174	170-174	170-174								
TALL: LEG LENGTH (CM)	80	80	80	80	80	80	80	80	80								
TALL: BODY LENGTH TO FIT (CM)	170-174	170-174	170-174	174-178	174-178	174-178	174-178	174-178	174-178								
SHORT: LEG LENGTH (CM)	70	70	70	70	70	70	70	70	70								
SHORT: BODY LENGTH TO FIT (CM)	162-166	162-166	162-166	166-170	166-170	166-170	166-170	166-170	166-170								

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