SIZE GUIDELINES

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POLO SHIRTS, T-SHIRTS, SWEATSHIRTS									
UK SIZE	**XS**	**S**	**M**	**L**	**XL**	**2XL**	**3XL**	**4XL**	**5XL**
EU/GERMAN SIZE	**44-46**	**48-50**	**52-54**	**56-58**	**60-62**	**64-66**	**68-70**	**72-74**	**76-78**
CHEST - (INCHES)	37.8	40.1	42.5	44.9	48.0	51.0	54.3	57.5	60.5
CHEST TO FIT (INCHES)	34-36	36-38	38-41	41-44	44-46	46-50	50-52	52-56	56-58
CHEST - (CM)	96.0	102.0	108.0	114.0	122.0	130.0	138.0	146.0	154.0
CHEST TO FIT (CM)	85-90	90-95	95-102.5	102.5-110	110-115	115-125	125-130	130-140	140-145

SOFTSHELL JACKET									
UK SIZE	**XS**	**S**	**M**	**L**	**XL**	**2XL**	**3XL**	**4XL**	**5XL**
EU/GERMAN SIZE	**44-46**	**48-50**	**52-54**	**56-58**	**60-62**	**64-66**	**68-70**	**72-74**	**76-78**
CHEST - (INCHES)	37.8	40.1	42.5	44.9	48.0	51.0	54.3	57.5	60.5
CHEST TO FIT (INCHES)	34-36	36-38	38-41	41-44	44-46	46-50	50-52	52-56	56-58
CHEST - (CM)	96.0	102.0	108.0	114.0	122.0	130.0	138.0	146.0	154.0
CHEST TO FIT (CM)	85-90	90-95	95-102.5	102.5-110	110-115	115-125	125-130	130-140	140-145

LADIES POLO SHIRTS									
UK SIZE	**8**	**10**	**12**	**14**	**16**	**18**	**20**	**22**	**24**
EU/GERMAN SIZE	**40-42**	**42-44**	**44-46**	**48-50**	**50-52**	**54-56**	**56-58**	**60-62**	**64-66**
BUST - (INCHES)	37.4	39.4	41.4	43.3	45.3	47.2	49.2	51.2	53.2
BUST TO FIT - (INCHES)	34-36	36-38	38-40	40-42	42-44	44-46	46-48	48-50	50-52
BUST - (CM)	95.0	100.0	105.0	110.0	115.0	120.0	125.0	130.0	135.0
BUST TO FIT - (CM)	85-90	90-95	95-100	100-105	105-110	110-115	115-120	120-125	125-130

FLEECE JACKETS									
UK SIZE	**XS**	**S**	**M**	**L**	**XL**	**2XL**	**3XL**	**4XL**	**5XL**
EU/GERMAN SIZE	**44-46**	**48-50**	**52-54**	**56-58**	**60-62**	**64-66**	**68-70**	**72-74**	**76-78**
CHEST - (INCHES)	38.6	42.5	46.5	50.4	54.3	58.3	62.2	66.1	70.1
CHEST TO FIT (INCHES)	34-36	36-38	38-41	41-44	44-46	46-50	50-52	52-56	56-58
CHEST - (CM)	98	108.0	118.0	128.0	138.0	148.0	158.0	168.0	178.0
CHEST TO FIT (CM)	85-90	90-95	95-102.5	102.5-110	110-115	115-125	125-130	130-140	140-145

JACKETS									
UK SIZE	**XS**	**S**	**M**	**L**	**XL**	**2XL**	**3XL**	**4XL**	**5XL**
EU/GERMAN SIZE	**44-46**	**48-50**	**52-54**	**56-58**	**60-62**	**64-66**	**68-70**	**72-74**	**76-78**
CHEST - (INCHES)	43.3	44.9	48.8	52.8	56.7	60.6	64.6	68.5	72.4
CHEST TO FIT (INCHES)	34-36	36-38	38-41	41-44	44-46	46-50	50-52	52-56	56-58
CHEST - (CM)	110.0	114.0	124.0	134.0	144.0	154.0	164.0	174.0	184.0
CHEST TO FIT (CM)	85-90	90-95	95-102.5	102.5-110	110-115	115-125	125-130	130-140	140-145

WATERPROOF JACKETS & SALOPETTES									
UK SIZES	**XS**	**S**	**M**	**L**	**XL**	**2XL**	**3XL**	**4XL**	**5XL**
EU/GERMAN SIZES (TOP)	**44-46**	**48-50**	**52-54**	**56-58**	**60-62**	**64-66**	**68-70**	**72-74**	**76-78**
EU SIZES (WAIST)	**89**	**94**	**99**	**104**	**109**	**114**	**119**	**124**	**129**
GERMAN SIZES (WAIST)	**50**	**52**	**54**	**56**	**58**	**60**	**62**	**64**	**66**
CHEST (JACKET) - (INCHES)	42.5	44.9	47.2	49.6	52.0	54.3	56.7	59.1	61.4
CHEST TO FIT (JACKET) - (INCHES)	34-36	36-38	38-41	41-44	44-46	46-50	50-52	52-56	56-58
WAIST (SALOPETTE) - (INCHES)	35.0	37.0	39.0	41.0	43.0	45.0	47.0	49.0	51.0
INSIDE LEG (SALOPETTE) - (INCHES)	32	32	32	32	32	32	32	32	32
CHEST (JACKET) - (CM)	108.0	114.0	120.0	126.0	132.0	138.0	144.0	150.0	156.0
CHEST TO FIT (JACKET) - (CM)	85-90	90-95	95-102.5	102.5-110	110-115	115-125	125-130	130-140	140-145
WAIST (SALOPETTE) - (CM)	89.0	94.0	99.0	104.0	109.0	114.0	119.0	124.0	129.0
INSIDE LEG (SALOPETTE) -(CM)	81	81	81	81	81	81	81	81	81

BASELAYER TOPS & LEGGINGS (SNUG FIT)									
UK SIZES	**XS**	**S**	**M**	**L**	**XL**	**2XL**	**3XL**	**4XL**	**5XL**
EU/GERMAN SIZES (TOP)	**44-46**	**48-50**	**52-54**	**56-58**	**60-62**	**64-66**	**68-70**	**72-74**	**76-78**
EU SIZES (WAIST)	**78**	**84**	**90**	**96**	**102**	**110**	**118**	**126**	**134**
GERMAN SIZES (WAIST)	**40**	**42**	**46**	**50**	**54**	**58**	**60**	**64**	**66**
CHEST (TOP) - (INCHES)	34.6	37.8	40.9	44.1	47.2	50.4	53.5	56.7	59.9
CHEST TO FIT (TOP) - (INCHES)	34-36	36-38	38-41	41-44	44-46	46-50	50-52	52-56	56-58
WAIST (LEGGINGS) - (INCHES)	26.8	29.9	33.1	36.2	39.4	42.5	45.7	48.8	51.9
CHEST (TOP) - (CM)	88	96	104	112	120	128	136	144	152
CHEST TO FIT (TOP) - (CM)	85-90	90-95	95-102.5	102.5-110	110-115	115-125	125-130	130-140	140-145
WAIST (LEGGINGS) - (CM)	68	76	84	92	100	108	116	124	132

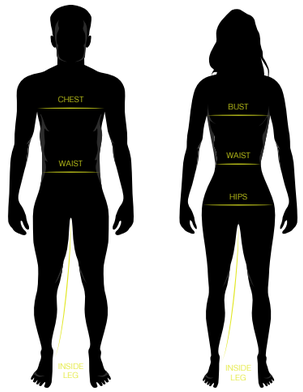
Note: This size chart was correct at the time of going to print.

LADIES TROUSERS									
UK SIZE	**8**	**10**	**12**	**14**	**16**	**18**	**20**	**22**	**24**
EU/GERMAN SIZE	**34**	**36**	**38**	**40**	**42**	**44**	**46**	**48**	**50**
WAIST - (INCHES)	30.7	32.7	34.6	36.6	38.6	40.6	42.5	44.5	46.5
HIP - (INCHES)	40.6	42.5	44.5	46.5	48.4	50.4	52.4	54.3	56.3
INSIDE LEG - SHORT LEG - (INCHES)	27.6	27.6	27.6	27.6	27.6	27.6	27.6	27.6	27.6
INSIDE LEG - REGULAR LEG - (INCHES)	29.5	29.5	29.5	29.5	29.5	29.5	29.5	29.5	29.5
INSIDE LEG - TALL LEG - (INCHES)	31.5	31.5	31.5	31.5	31.5	31.5	31.5	31.5	31.5
WAIST - (CM)	78	83	88	93	98	103	108	113	118
HIP - (CM)	103	108	113	118	123	128	133	138	143
INSIDE LEG - SHORT LEG - (CM)	70	70	70	70	70	70	70	70	70
INSIDE LEG - REGULAR LEG - (CM)	75	75	75	75	75	75	75	75	75
INSIDE LEG - TALL LEG -(CM)	80	80	80	80	80	80	80	80	80

LADIES COVERALLS									
UK SIZE	**8**	**10**	**12**	**14**	**16**	**18**	**20**	**22**	**24**
EU/GERMAN SIZE	**40-42**	**42-44**	**44-46**	**48-50**	**50-52**	**54-56**	**56-58**	**60-62**	**64-66**
BUST - (INCHES)	39.8	40.6	42.1	43.7	45.3	46.9	48.4	50.0	51.6
BUST TO FIT - (INCHES)	34-36	36-38	38-40	40-42	42-44	44-46	46-48	48-50	50-52
INSIDE LEG - SHORT LEG - (INCHES)	27.6	27.6	27.6	27.6	27.6	27.6	27.6	27.6	27.6
INSIDE LEG - REGULAR LEG - (INCHES)	29.5	29.5	29.5	29.5	29.5	29.5	29.5	29.5	29.5
INSIDE LEG - TALL LEG - (INCHES)	31.5	31.5	31.5	31.5	31.5	31.5	31.5	31.5	31.5
BUST - (CM)	101	103	107	111	115	119	123	127	131
BUST TO FIT - (CM)	85-90	90-95	95-100	100-105	105-110	110-115	115-120	120-125	125-130
INSIDE LEG - SHORT LEG - (CM)	70	70	70	70	70	70	70	70	70
INSIDE LEG - REGULAR LEG - (CM)	75	75	75	75	75	75	75	75	75
INSIDE LEG - TALL LEG - (CM)	80	80	80	80	80	80	80	80	80

MENS TROUSERS												
UK SIZE	**30"**	**32"**	**34"**	**36"**	**38"**	**40"**	**42"**	**44"**	**46"**	**48"**	**50"**	**52"**
EU SIZE	**75**	**80**	**85**	**90**	**95**	**100**	**105**	**110**	**115**	**120**	**125**	**130**
GERMAN SIZE	**22**	**23**	**24**	**26**	**27**	**28**	**29**	**30**	**31**	**32**	**33**	**34**
WAIST - (INCHES)	31.9	33.9	35.8	37.8	39.8	41.7	43.7	45.7	47.6	49.6	51.6	53.5
WAIST TO FIT - (INCHES)	30.0	32.0	34.0	36.0	38.0	40.0	42.0	44.0	46.0	48.0	50.0	52.0
INSIDE LEG - SHORT LEG - (INCHES)	30	30	30	30	30	30	30	30	30	30	30	30
INSIDE LEG - REGULAR LEG - (INCHES)	32	32	32	32	32	32	32	32	32	32	32	32
INSIDE LEG - TALL LEG - (INCHES)	34	34	34	34	34	34	34	34	34	34	34	34
WAIST - (CM)	81	86	91	96	101	106	111	116	121	126	131	136
WAIST TO FIT - (CM)	75	80	85	90	95	100	105	110	115	120	125	130
INSIDE LEG - SHORT LEG - (CM)	76	76	76	76	76	76	76	76	76	76	76	76
INSIDE LEG - REGULAR LEG - (CM)	81	81	81	81	81	81	81	81	81	81	81	81
INSIDE LEG - TALL LEG - (CM)	86	86	86	86	86	86	86	86	86	86	86	86

MENS COVERALLS												
S-4XL	**S**	**M**		**L**		**XL**		**2XL**		**3XL**		**4XL**
UK SIZE	**38"**	**40"**	**42"**	**44"**	**46"**	**48"**	**50"**	**52"**	**54"**	**56"**	**58"**	**60"**
EU/GERMAN SIZE	**24**	**25**	**26**	**28**	**29**	**30**	**31**	**32**	**-**	**33**	**-**	**34**
CHEST - (INCHES)	47.6	49.6	51.6	53.5	55.5	57.5	59.4	61.4	63.4	65.4	67.3	69.3
CHEST TO FIT - (INCHES)	36-38	38-40	40-42	42-44	44-46	46-48	48-50	50-52	52-54	54-56	56-58	58-60
INSIDE LEG - SHORT LEG - (INCHES)	29.5	29.5	29.5	29.5	29.5	29.5	29.5	29.5	29.5	29.5	29.5	29.5
INSIDE LEG - REGULAR LEG - (INCHES)	31.5	31.5	31.5	31.5	31.5	31.5	31.5	31.5	31.5	31.5	31.5	31.5
INSIDE LEG - TALL LEG - (INCHES)	33.5	33.5	33.5	33.5	33.5	33.5	33.5	33.5	33.5	33.5	33.5	33.5
CHEST - (CM)	121	126	131	136	141	146	151	156	161	166	171	176
CHEST TO FIT - (CM)	90-95	95-100	100-105	105-110	110-115	115-120	120-125	125-130	130-135	135-140	140-145	145-150
INSIDE LEG - SHORT LEG - (CM)	75	75	75	75	75	75	75	75	75	75	75	75
INSIDE LEG - REGULAR LEG - (CM)	80	80	80	80	80	80	80	80	80	80	80	80
INSIDE LEG - TALL LEG - (CM)	85	85	85	85	85	85	85	85	85	85	85	85



HOW TO MEASURE AND PICK THE RIGHT SIZE

Chest / Bust measurement

Measure the circumference of your chest/bust below the armpit, measure the widest point.

example 1: if your chest measures 102cm, for polo shirt the most suitable size would be M.

example 2: if your bust measures 98cm, for ladies' polo shirt the most suitable size would be 12.

Note: some garments such as Softshell Jackets would have a slim fit and it may be best to pick one size up if you prefer a looser fit.

Waist measurement

Measure tightly around the waist and pick size accordingly, if your measurements fall in-between two sizes, we recommend picking the larger one, remember to check your inside leg measurement.

Hip measurement

Measure tightly around the widest part of the hip, also measure the waist and pick size accordingly. If your measurements fall in-between two sizes, we recommend picking the larger one, remember to check your inside leg measurement.

Inside leg measurement

Measure the distance between crotch and ankle and pick size that is the same or slightly longer than your measurement.